# La Grande Middle School Lunch Menu

**August 2019**

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parmesan Chicken Bites</td>
<td>Cheeseburger on Bun</td>
<td>Pizza Parlor</td>
<td>Walking Taco</td>
<td>BBQ Rib Sandwich</td>
</tr>
<tr>
<td>Whole Grain Dinner Roll</td>
<td>Golden French Fries</td>
<td>Turkey Deli Sandwich</td>
<td>Yogurt Pak with Bagel</td>
<td>Baked Beans</td>
</tr>
<tr>
<td>Chicken Caesar Salad</td>
<td>Chef Salad</td>
<td>Green Beans</td>
<td>Coleslaw</td>
<td>Honey Mustard Ham Wrap</td>
</tr>
<tr>
<td>Whole Grain Dinner Roll</td>
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<td></td>
<td></td>
<td>Crispy Chicken Salad</td>
</tr>
</tbody>
</table>

**Prices**

- **Regular**: $2.80
- **Reduced**: $0.00
- **Adult**: $3.80
- **Milk**: $0.50

**HARVEST OF THE MONTH**

**SUMMER SQUASH**

**SAVORY**

**BLACKBERRIES**

**EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate. Skim is included with lunch. Entree Salads are served with Dinner Roll. For Questions contact: Heather Torres at taher@lagrandesd.org

Menus are subject to change without notice. This institution is an equal opportunity provider.