### Central Elementary
#### Breakfast Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>6</strong></td>
<td>Strawberry Yogurt</td>
<td>Ham &amp; Cheese on an English Muffin</td>
<td>Pancake on a Stick</td>
<td>Biscuits &amp; Gravy</td>
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<td>Graham Crackers</td>
<td>Choice of Cereal</td>
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<td>Vegetable Selection</td>
<td>Apple Juice</td>
<td>Orange Juice</td>
<td>Fresh Fruit</td>
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<td></td>
<td>Fresh Fruit</td>
<td>1% Milk</td>
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<tr>
<td><strong>13</strong></td>
<td>Breakfast Burrito</td>
<td>Coffee Cake</td>
<td>Sausage Breakfast English Muffin</td>
<td>Blueberry Muffin</td>
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<td>Canned Fruit</td>
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<td><strong>27</strong></td>
<td>Cheesy Ham Melt</td>
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<td>Choice of Cereal</td>
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<td><strong>28</strong></td>
<td>Pancake on a Stick</td>
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<td><strong>31</strong></td>
<td>Breakfast Muffin</td>
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#### Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions contact: Heather Torres at taher@lagrandesd.org

**Regular** $1.45  **Reduced** $0.00  **Adult** $2.45  **Milk** $0.50

Menus are subject to change without notice. This institution is an equal opportunity provider.

**January 2020**

[Logo]

[Website: www.taher.com]