## Island City Elementary
### Lunch Menu

**October 2019**

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar.

### Monday
- **World Vegetarian Day**
  - Crispy Chicken Sandwich
  - Cheese Quesadilla
  - Broccoli Salad

### Tuesday
- **National Sub Day**
  - Sloppy Joe on a Bun
  - EOLS Local Product

### Wednesday
- **National Pasta Day**
  - Beefy Nachos & Homemade Cheese Sauce
  - EOLS Local Product

### Thursday
- **No School**
  - No School

### Friday
- **No School**

### Prices
- Regular: $2.65
- Reduced: $0.00
- Adult: $3.80
- Milk: $0.00

Milk choice of 1% White, Skim or Chocolate. Skim is included with lunch. Entree Salads are served with Dinner Roll.

**Extra Info**
- For questions contact: Heather Torres at taher@lagrandesd.org

**Harvest of the Month:**
- Turnips
- Mace

**Food Thought:**
- National Pasta Day
- No School

**Harvest Thought:**
- No School

Menus are subject to change without notice. This institution is an equal opportunity provider.