## LA Grande High School
### Breakfast Sandwich Menu

**October 2019**

**Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar.**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hard Boiled Egg</td>
<td>Choice of Cereal</td>
<td>Choice of Cereal</td>
<td>Choice of Cereal</td>
<td></td>
</tr>
<tr>
<td>Graham Crackers</td>
<td>Graham Crackers</td>
<td>Graham Crackers</td>
<td>Graham Crackers</td>
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</tr>
<tr>
<td>Vegetable Selection</td>
<td>Vegetable Selection</td>
<td>Vegetable Selection</td>
<td>Vegetable Selection</td>
<td></td>
</tr>
<tr>
<td>Apple Juice</td>
<td>Fresh Fruit</td>
<td>Orange Juice</td>
<td>1% Milk</td>
<td></td>
</tr>
<tr>
<td>1% Milk</td>
<td>1% Milk</td>
<td>1% Milk</td>
<td>1% Milk</td>
<td></td>
</tr>
</tbody>
</table>

7. Bacon, Egg & Cheese on Biscuit
   - Choice of Cereal
   - Graham Crackers
   - Vegetable Selection
   - Canned Fruit
   - 1% Milk

8. Bacon, Egg & Cheese on Bagel
   - Choice of Cereal
   - Graham Crackers
   - Vegetable Selection
   - Apple Juice
   - 1% Milk

9. Breakfast Burrito
   - Choice of Cereal
   - Graham Crackers
   - Vegetable Selection
   - Fresh Fruit
   - 1% Milk

10. Great Apple Crunch
    - Breakfast Stacker Sandwich
    - EOLS Local Product
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Orange Juice
    - 1% Milk

11. No School

14. Bacon, Egg & Cheese on English Muffin
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Fresh Fruit
    - 1% Milk

15. Bacon, Egg & Cheese on Bagel
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Apple Juice
    - 1% Milk

16. Cheesy Ham Melt
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Fresh Fruit
    - 1% Milk

17. Breakfast Flatbread
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Orange Juice
    - 1% Milk

18. Hot Ham & Cheese Bagel
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Fresh Fruit
    - 1% Milk

    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Canned Fruit
    - 1% Milk

22. Biscuits & Gravy
    - Hard Boiled Egg
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Apple Juice
    - 1% Milk

23. Breakfast Burrito
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Fresh Fruit
    - 1% Milk

24. Breakfast Stacker Sandwich
    - EOLS Local Product
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Orange Juice
    - 1% Milk

25. Hot Ham & Cheese Bagel
    - Cheese Stick
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Fresh Fruit
    - 1% Milk

28. Ham & Cheese on a Bagel
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Canned Fruit
    - 1% Milk

29. Biscuits & Gravy
    - Hard Boiled Egg
    - Choice of Cereal
    - Graham Crackers
    - Vegetable Selection
    - Apple Juice
    - 1% Milk

30. No School

31. No School

### PRICES
- Regular: $1.45
- Reduced: $0.00
- Adult: $2.45
- Milk: $0.50
- Extra Entree: $1.15

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll

For questions contact:
Heather Torres at taher@lagrandesd.org

**Your MENUS plus more information on our app**
Taher Food4Life

www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.