### Lunch Menu

#### October 2019

**Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar**

#### Monday
- **1** World Vegetarian Day
  - Crispy Chicken Sandwich
  - Tator Tots
  - Turkey BLT Salad
  - PB & J Sandwich
- **7** Hamburger Gravy
  - EOLS Local Product
  - Mashed Potatoes
  - Whole Grain Dinner Roll
  - Turkey Deli Sandwich
  - Corn

#### Tuesday
- **2** BBQ Rib Sandwich
  - Corn Dog
  - Coleslaw
- **8** Cheeseburger on Bun
  - Hotdog on Whole Grain Bun
  - Golden French Fries

#### Wednesday
- **3** Hot Ham & Cheese Flatbread
  - Crispy Chicken Flatbread
  - Coleslaw
  - Turkey Deli Sandwich
  - Chocolate Chip Cookie
- **9** National Sub Day
  - Ham, Egg & Cheese on Biscuit
  - Breakfast Potatoes
  - Caesar Salad
  - Cucumber Ranch Salad

#### Thursday
- **4** Pepperoni Pizza
  - Cheese Pizza
  - Tomato & Cucumber Salad
- **10** Great Apple Crunch
  - Chicken Bacon Ranch Melt
  - Honey Mustard Ham Wrap
  - Egg Salad Sandwich
  - Broccoli Salad

#### Friday
- **5** No School

#### Notes
- Milk choice of 1% White, Skim or Chocolate
- Skim is included with lunch.
- Extra Entree: $2.05
- For questions contact: Heather Torres at taher@lagrandesd.org

#### Prices
- Regular: $2.80
- Reduced: $0.00
- Adult: $3.80
- Milk: $0.50
- Extra Entree: $2.05

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Menus are subject to change without notice. This institution is an equal opportunity provider.